

Children's Spine Protection Sports and Play Day @Kids First Chiropractic Centre

Date : 22-2-2024

Class : K2 、 K3

Place : Kids First Chiropractic Centre, Kwun Tong (Children Chiropractic Foundation)

Content :

Chiropractic care starts from a young age! The spine is a very important organ in our human body. It has the functions of supporting the body, controlling activity functions and protecting nervous tissue. Today, our parents and children went to the Kids First Chiropractic Centre in Kwun Tong together. Understand the knowledge and importance of spinal nerve health through stories, exercises and games.

Photos :



Useful information :

<https://www.facebook.com/photo?fbid=344769171890212&set=pcb.344769341890195>